

Meeting The Shadow The Hidden Power Of The Dark Side Of Human Nature

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Connie Zweig, Ph.D., is a Jungian-oriented counselor and non-denominational minister in Los Angeles. She is the coauthor of the bestselling Meeting the Shadow and Romancing the Shadow. She has taught nationwide about human spirituality, religious abuse and disillusionment, and shadow-work.

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Meeting the Shadow: The Hidden Power of the Dark Side of Human Nature New consciousness reader: Editors: Connie Zweig, Jeremiah Abrams: Publisher: J.P. Tarcher, 1991: Original from: the University...

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Meeting the shadow : the hidden power of the dark side of human nature. by. Abrams, Jeremiah; Zweig, Connie. Publication date. 1991. Topics. Shadow (Psychoanalysis), Good and evil. Publisher. Los Angeles : J.P. Tarcher ; New York : Distributed by St. Martin's Press.

~~Meeting the shadow : the hidden power of the dark side of ...~~

Meeting the Shadow: The Hidden Power of the Dark Side of Human Nature. (with Jeremiah Abrams) has sold more than 100,000 copies. This best-selling collection of essays by experts explores the shadow in families, relationships, sex, work, spirituality, politics, creativity, and more. It offers the tools for achieving a more genuine self-acceptance, defusing negative emotions, recognizing projections, and healing relationships.

~~Meeting the Shadow | Dr. Connie Zweig on The Inner Work of Age~~

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meeting with ones own shadow the shadow is a tight passage a narrow door whose painful constriction no one is spared who goes down to the deep well but one must learn to know oneself in order to know who one is carl jung the hidden power of the shadow online library meeting the shadow hidden power

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In every tradition, saints and poets speak of the soul's search for the Beloved, the seeker's yearning for the divine. This holy longing is a secret feeling with many disguises, leading us to pursue a higher union in spiritual practice, religious discipleship, even romantic embrace. It guides us to timeless wisdom and transcendent experiences. But it also can go awry if we misplace it onto food, alcohol, drugs, or sex. Or if we project it onto an authoritarian teacher, priest, guru, or roshi who abuses power. Thereby, we encounter darkness on the path. Many renowned teachers, past and present, have labored under these projections--and acted out their shadows in destructive ways, leaving their followers traumatized and lost. Whether the abuse is sexual, financial, or emotional coercion, we feel the shock of betrayal, our innocence is lost, and our faith is shaken. The resulting spiritual disillusionment, Dr. Zweig suggests, does not take us off the path, but is a crucial part of the spiritual journey and can lead us through the narrow gate back toward the light.

In a study of the dark side of the human soul, two psychotherapists draw on Jungian psychology to explain how to work with this darkness to revitalize one's life

In a future where the Population Police enforce the law limiting a family to only two children, Luke, an illegal third child, has lived all his twelve years in isolation and fear on his family's farm in this start to the Shadow Children series from Margaret Peterson Haddix. Luke has never been to school. He's never had a birthday party, or gone to a friend's house for an overnight. In fact, Luke has never had a friend. Luke is one of the shadow children, a third child forbidden by the Population Police. He's lived his entire life in hiding, and now, with a new housing development replacing the woods next to his family's farm, he is no longer even allowed to go outside. Then, one day Luke sees a girl's face in the window of a house where he knows two other children already live. Finally, he's met a shadow child like himself. Jen is willing to risk everything to come out of the shadows--does Luke dare to become involved in her dangerous plan? Can he afford not to?

Understand the dark side of your psyche--a Jungian approach to transformative self-acceptance. We all have shadows--the unlit part of our ego that is hidden and never goes away, but merely--and often painfully--turns up in unexpected places. This powerful work from the acclaimed Jungian analyst and bestselling author of Inner Work and We explores our need to "own" our own shadow: learn what it is, how it originates, and how it impacts our daily lives. It is only when we accept and honor the shadow within us that we can channel its energy in a positive way and find balance.

A study on the human quest for religious fulfillment identifies the factors that motivate people to spiritual expression, citing the benefits and risks of participating in organized religion.

The path to spiritual development, or the "walk of life," is not a race, but a deliberate stroll. Shadow Work: A New Guide to Spiritual and Psychological Growth tells readers what they will need to pack in order to make this journey and win the battle with the "shadow."

Meetings don't need to be terrible. They can be the best place for us to connect with the people we work with and do great things. This book presents the Lean Coffee method which has since its inception in 2009 spread across the globe to radically shift the way people meet with each other.

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